## St Feock PALS Village Lunches

We would very much like a commercial microwave for our lunches and are asking the Parish Council for £280.

Every fortnight we serve between 60 and 70 hot home made meals to people from across the parish. At Christmas we catered for 115 diners. We never know how many people may turn up and we often cater for late comers held up by hospital or doctors appointments. A microwave would help us rustle up extra food as well as ensure it is piping hot for them.

The majority of our diners are in their eighties and nineties and many live alone. These lunches provide so much more than simply food. It's an opportunity to get together and chat. Friendships are forged and there is a strong feeling of community and support for each other.

Recently Peter told us he looks forward to the lunches because at the age of 86 he doesn't speak to a soul from Tuesday morning until lunchtime on Friday.